

21 Day Prayer Fasting Guide

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How much time each day you will devote to prayer and God's Word; Making these commitments ahead of time will help you sustain your fast when physical temptations and life's pressures tempt you to abandon it. STEP 3: Prepare Yourself Spiritually. The very foundation of fasting and prayer is repentance. Unconfessed sin will hinder your prayers.

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Daniel Fast — 21 Days of Prayer

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Fasting and Prayer Guide

21 DAY VICTORY GUIDE WITH PRAYER & FASTINGPage
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21-day-prayer-fasting-guide

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