

Manas Psychiatric Of Ayurveda

Manas Chikitsa in Ayurveda - Psychiatric Diseases ...

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Concept of Manas in Ayurveda - Exotic

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Ayurveda being a holistic science of life incorporates mental and spiritual equilibrium. as an important component of health. A review of Ayurvedic classics

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The three pillars of life are

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