

Navigating Health Care Manda Transactions Leading Lawyers On Conducting Due Diligence And Developing An Effective

Over the past fifteen years, people in low- and middle-income countries have experienced a health revolution—one that has created new opportunities and brought new challenges. It is a revolution that keeps mothers and babies alive, helps children grow, and enables adults to thrive. *Millions Saved: New Cases of Proven Success in Global Health* chronicles the global health revolution from the ground up, showcasing twenty-two local, national, and regional health programs that have been part of this global change. The book profiles eighteen remarkable cases in which large-scale efforts to improve health in low- and middle-income countries succeeded, and four examples of promising interventions that fell short of their health targets when scaled-up in real world conditions. Each case demonstrates how much effort—and sometimes luck—is required to fight illness and sustain good health. The cases are grouped into four main categories, reflecting the diversity of strategies to improve population health in low-and middle-income countries: rolling out medicines and technologies; expanding access to health services; targeting cash transfers to improve health; and promoting population-wide behavior change to decrease risk. The programs covered also come from various regions around the world: seven from sub-Saharan Africa, six from Latin America and the Caribbean, five from East and Southeast Asia, and four from South Asia.

The volume emphasizes families and children whose primary recourse to services has been through publicly funded child welfare agencies. The book considers historical areas of service--foster care and adoptions, in-home family centered services, child-protective services, and residential services--where social work has an important role. Authors also address how child welfare programs interface with the many fields of practice in which child and family services are provided or that involve substantial numbers of social work programs, such as services to adolescent parents, child mental health, education, and juvenile justice agencies. This new edition will continue to serve as a

fundamental introduction for new practitioners, as well as summary of recent developments for experienced policymakers, administrators and practitioners. Peter J. Pecora is managing director of research services for the Casey Family Programs and professor in the School of Social Work at the University of Washington. He is the author of numerous professional articles and books. James K. Whittaker is Charles O. Cressey endowed professor in the School of Social Work, University of Washington. He is a frequent consultant on family support and group care interventions. He is the series editor of Modern Applications of Social Work for Transaction Publishers. Anthony N. Maluccio is Professor Emeritus, Graduate School of Social Work, University of Connecticut. Richard P. Barth is Professor and Dean, School of Social Work, University of Maryland. Diane DePanfilis is Professor and Associate Dean, School of Work, University of Maryland. Robert D. Plotnick is Professor, Daniel Evans School of Public Affairs, University of Washington.

In this honest discussion of mental health, the founder of Therapy for Women explores our reasons for drinking alcohol—and the benefits of taking a break. When “retired party girl” and popular therapist Amanda White admitted she was an alcoholic, it wasn’t because she’d done something outrageous while under the influence, like land herself in jail or get married in Vegas. It was because she realized three things: 1. Alcohol was making her life worse. 2. Moderation wasn’t helping. 3. She could not be a therapist if she continued to use alcohol to numb her life. Something needed to change—not just her relationship with alcohol, but her relationship with herself. Choosing not to drink can be daunting. It’s everywhere in our culture, our socializing, and our destressing. And it can seem black or white: you drink, or you don’t (and if you don’t, people ask why). That’s where Not Drinking Tonight comes in. Judgement-free and relatable, Amanda helps you unpack your relationship with alcohol by showing you how to: Find out why you drink. Whether it’s a glass of wine after work or a weekly bar crawl, your drinking habits can be the result of everything from biology to trauma. Heal your relationship with alcohol. Understand how your relationships have been affecting your life, and learn how to set boundaries and create true self care. Build the sober life you love. Learn

what comes next—how to maintain your social life, navigate sex and relationships, and love yourself. **Not Drinking Tonight** isn't a program to stop drinking. It's the first book to help you address the root issues that cause you to reach for a drink, and create a life you love—one that is not perfect, but is messy and real and one you are fully present for.

A guide for mining the imagination to find powerful new ways to succeed. We need imagination now more than ever—to find new opportunities, rethink our businesses, and discover paths to growth. Yet too many companies have lost their ability to imagine. What is this mysterious capacity? How does imagination work? And how can organizations keep it alive and harness it in a systematic way? The **Imagination Machine** answers these questions and more. Drawing on the experience and insights of CEOs across several industries, as well as lessons from neuroscience, computer science, psychology, and philosophy, Martin Reeves of Boston Consulting Group's Henderson Institute and Jack Fuller, an expert in neuroscience, provide a fascinating look into the mechanics of imagination and lay out a process for creating ideas and bringing them to life: **The Seduction: How to open yourself up to surprises** **The Idea: How to generate new ideas** **The Collision: How to rethink your idea based on real-world feedback** **The Epidemic: How to spread an evolving idea to others** **The New Ordinary: How to turn your novel idea into an accepted reality** **The Encore: How to repeat the process—again and again.** Imagination is one of the least understood but most crucial ingredients of success. It's what makes the difference between an incremental change and the kinds of pivots and paradigm shifts that are essential to transformation—especially during a crisis. The **Imagination Machine** is the guide you need to demystify and operationalize this powerful human capacity, to inject new life into your company, and to head into unknown territory with the right tools at your disposal.

A Client's Guide to the UK Legal Profession

Defeating My Demons, My Mental Breakdown, Through Darkness to the Light

Yes, I Took My Meds

Chambers UK 2009

How to Spark New Ideas and Create Your Company's Future

Criminology: Theories, Patterns and Typologies

Law for Business and Personal Use, Copyright Update, 19E

There is no right way or best way to give birth, but if you're pregnant, you're likely already hearing advice and stories about what you should do, how you should feel, and what you should want from your birth experience. Your Birth Plan is an intervention: it's a birth book that equally honors all paths and all pregnant people, guiding and empowering you to make informed decisions, without judgment or prescription, for your own positive birth experience. Long on information, short on opinions, Your Birth Plan is a how-to guide filled with practical descriptions, insights, stories and tips to make it easier for you to pick where, with whom, and in what way you would like to give birth. Your Birth Plan is comprehensive and free from judgment and prescriptions. It offers unbiased information about all birthing options, including birthing in a hospital, at home, or in a birthing center; having an epidural or an unmedicated birth; induction of labor; vaginal or Cesarean birth; and more. This is a new, inspiring, inclusive, and much-needed guide to help you plan for a birth where you are empowered to make your own choices and to have your needs met, whatever they are.

Fieldwork is a hallmark of geographical scholarship, encompassing all the approaches by which we learn first-hand about the world. Too often, though, fieldwork details—the challenges, the failures, and methodological mash-up used—are left out of geographers' published work. This accessible collection brings together 18 of those too-often overlooked stories, and reveals the ongoing vibrancy of geographical fieldwork today. The 32 authors span many of geography's subfields, and their work incorporates multiple methodological traditions: ethnographic, digital, archival, mixed, and more. With short, readable contributions, Geographical Fieldwork in the 21st Century offers an ideal resource for students across the social sciences who are wrangling with the process of fieldwork. It shows fieldwork's core attributes—innovation, commitment, and serendipity—are alive and well. But this collection also illustrates just how fieldwork is changing as our ability to learn about the world is shaped by new pressures of the 21st century neoliberal academy, by the proliferation of new technologies, and by the growing social demand for collaborative, engaged, and ethical scholarship. The chapters in this book were originally published as a special issue of the journal Geographical Review.

An independent guide to the top solicitors, barristers, law firms and barristers' chambers in the United Kingdom.

Explore the foundations of business law as well as the application of

legal concepts to everyday life. **LAW FOR BUSINESS AND PERSONAL USE, COPYRIGHT UPDATE**, combines strong content and interactive technology with consistent, proven instruction to maintain student interest and support active learning. Coverage includes a new bonus chapter on E-Commerce and Cyberlaw. This edition also covers contracts, criminal law, environmental law, family law, and consumer protection. With more than 1,000 cases, **LAW FOR BUSINESS AND PERSONAL USE, COPYRIGHT UPDATE**, offers plenty of opportunities for case analysis and research. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Tangle's Game

First Global Patient Safety Challenge : Clean Care is Safer Care

Why Can't You Hear Me?

Eat Well, Be Well

Narrative Middles

How Families of Critically Ill Children Cope, Hope, and Negotiate an Unequal Healthcare System

Using Literature to Change Children's Lives

Simple Network Management Protocol (SNMP) provides a "simple" set of operations that allows you to more easily monitor and manage network devices like routers, switches, servers, printers, and more. The information you can monitor with SNMP is wide-ranging--from standard items, like the amount of traffic flowing into an interface, to far more esoteric items, like the air temperature inside a router. In spite of its name, though, SNMP is not especially simple to learn. O'Reilly has answered the call for help with a practical introduction that shows how to install, configure, and manage SNMP. Written for network and system administrators, the book introduces the basics of SNMP and then offers a technical background on how to use it effectively. Essential SNMP explores both commercial and open source packages, and elements like OIDs, MIBs, community strings, and traps are covered in depth. The book contains five new chapters and various updates throughout. Other new topics include: Expanded coverage of SNMPv1, SNMPv2, and SNMPv3 Expanded coverage of SNMPc The concepts behind network management and change management RRDTool and Cricket The use of scripts for a variety of tasks How Java can be used to create SNMP applications Net-SNMP's Perl module The bulk of the book is devoted to discussing, with real examples, how to use SNMP for system and network administration tasks. Administrators will come away with ideas for writing scripts to help them manage their networks, create managed objects, and extend the operation of SNMP agents. Once demystified, SNMP is much more accessible. If you're looking for a way to more easily manage your network, look no further than Essential SNMP, 2nd Edition.

Moving beyond the process of change Why is change so hard? Because in order to make any transformation successful, you must change more than just the structure and operations of an organization—you need to change people's behavior. And that is never easy. The Heart of Change is your guide to helping people think and feel differently in order to meet your shared goals. According to bestselling author and renowned leadership expert John Kotter and coauthor Dan Cohen, this focus on connecting with people's emotions is what will spark the

behavior change and actions that lead to success. Now freshly designed, The Heart of Change is the engaging and essential complement to Kotter's worldwide bestseller Leading Change. Building off of Kotter's revolutionary eight-step process, this book vividly illustrates how large-scale change can work. With real-life stories of people in organizations, the authors show how teams and individuals get motivated and activated to overcome obstacles to change—and produce spectacular results. Kotter and Cohen argue that change initiatives often fail because leaders rely too exclusively on data and analysis to get buy-in from their teams instead of creatively showing or doing something that appeals to their emotions and inspires them to spring into action. They call this the see-feel-change dynamic, and it is crucial for the success of any true organizational transformation. Refreshingly clear and eminently practical, The Heart of Change is required reading for anyone facing the challenges inherent in leading change.

To be human is to be biased. From this simple truth, nationally recognized diversity expert Howard J. Ross explores the biases we each carry within us. Incorporating anecdotes from today's headlines alongside case studies from over 30 years of diversity consulting, Ross helps readers understand how unconscious bias impacts our day-to-day lives and, particularly, our daily work lives. And, he answers the question: "Is there anything we can do about it?" by providing examples of behaviors that the reader can engage in to disengage the impact of their own biases. Originally published in 2014, the updated edition draws new examples from today's headlines such as the #me too Movement, police shootings, and bias in the ever more partisan Trump era.

This "comforting...thoughtful" (The Washington Post) guide to maintaining a high quality of life—from resilient old age to the first inklings of a serious illness to the final breath—by the New York Times bestselling author of Knocking on Heaven's Door is a "roadmap to the end that combines medical, practical, and spiritual guidance" (The Boston Globe). "A common sense path to define what a 'good' death looks like" (USA TODAY), The Art of Dying Well is about living as well as possible for as long as possible and adapting successfully to change. Packed with extraordinarily helpful insights and inspiring true stories, award-winning journalist Katy Butler shows how to thrive in later life (even when coping with a chronic medical condition), how to get the best from our health system, and how to make your own "good death" more likely. Butler explains how to successfully age in place, why to pick a younger doctor and how to have an honest conversation with them, when not to call 911, and how to make your death a sacred rite of passage rather than a medical event. This handbook of preparations—practical, communal, physical, and spiritual—will help you make the most of your remaining time, be it decades, years, or months. Based on Butler's experience caring for aging parents, and hundreds of interviews with people who have successfully navigated our fragmented health system and helped their loved ones have good deaths, The Art of Dying Well also draws on the expertise of national leaders in family medicine, palliative care, geriatrics, oncology, and hospice. This "empowering guide clearly outlines the steps necessary to prepare for a beautiful death without fear" (Shelf Awareness).

Real-Life Stories of How People Change Their Organizations

The Fourth Industrial Revolution

"Save My Kid"

A Memoir

A Guide to Navigating Concepts, Evidence, and Practices

Dazzling Design

Web Search: Public Searching of the Web

The WHO Guidelines on Hand Hygiene in Health Care provide health-care workers (HCWs), hospital administrators and health authorities with a thorough review of evidence on hand hygiene in health care and specific recommendations to improve practices and reduce transmission of pathogenic microorganisms to patients and HCWs. The present Guidelines are intended to be implemented in any situation in which health care is delivered either to a patient or to a specific group in a population. Therefore, this concept applies to all settings where health care is permanently or occasionally performed, such as home care by birth attendants. Definitions of health-care settings are proposed in Appendix 1. These Guidelines and the associated WHO Multimodal Hand Hygiene Improvement Strategy and an Implementation Toolkit (<http://www.who.int/gpsc/en/>) are designed to offer health-care facilities in Member States a conceptual framework and practical tools for the application of recommendations in practice at the bedside. While ensuring consistency with the Guidelines recommendations, individual adaptation according to local regulations, settings, needs, and resources is desirable. This extensive review includes in one document sufficient technical information to support training materials and help plan implementation strategies. The document comprises six parts.

You must be healthy to be wealthy. Wealth is nothing if you don't have your health. Sisters and best friends, Amanda Campbell and Michelle Riley, shared a childhood that ultimately led to two completely different career paths—Amanda, the eldest, became a Certified Financial Planner(TM) and Michelle, a Certified Personal Trainer and Nutrition Coach. But the driven sisters soon realized that they serve the same type of client: busy, badass women who are ready to make a change in their lives. They came to see how women needed to be empowered both from a health perspective and a wealth perspective. They're so hand-in-hand for the female population that the sisters instinctively knew they had to unite their expertise as a way to get women to see that you truly can't have one without the other. They needed a 360° action plan. Packed with illustrative case studies and avoidable missteps, *The Health and Wealth Sisters' 360° Action Plan* offers game-changing mind shifts and actionable strategies, including: Rewriting the guilt of wealth and other common pitfalls How to change your narrative Permission to start putting yourself first Money is only a tool to help you live your best life Redefining what constitutes a healthy life Creating your own Wealth and Health Empowerment Plans A unique hybrid of dual expert guidance, wake-up call motivation, and compelling memoir, *The Health and Wealth Sisters' 360° Action Plan* is for the modern woman who needs a swift kick in the pants in order to stop taking a back seat to her own life.

The bestselling text on the market -- now in its thirteenth edition -- *CRIMINOLOGY: THEORIES, PATTERNS, AND TYPOLOGIES* delivers the most comprehensive, in-depth analysis of criminological theory and crime typologies available. In addition to its unparalleled breadth and depth of coverage, the text is unrivaled in its strong research base and currency. The chapters in Part Three (Crime Typologies) cover some of the hottest issues in the field today: ISIL and terrorism, mass shootings, green crime, transnational crime, and cybercrime. Packed with real-world illustrations, the thirteenth edition is completely updated and includes cutting-edge seminal research, up-to-the-minute policy, newsworthy examples, and hundreds of new references. Renowned for his unbiased presentation of theories, issues, and controversies, Dr. Siegel encourages students to weigh the evidence and form their own conclusions. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

"[This book is] the most authoritative assessment of the advantages and disadvantages of recent trends toward the commercialization of health care," says Robert Pear of *The New York Times*. This major study by the Institute of Medicine examines virtually all aspects of for-

profit health care in the United States, including the quality and availability of health care, the cost of medical care, access to financial capital, implications for education and research, and the fiduciary role of the physician. In addition to the report, the book contains 15 papers by experts in the field of for-profit health care covering a broad range of topics--from trends in the growth of major investor-owned hospital companies to the ethical issues in for-profit health care. "The report makes a lasting contribution to the health policy literature."--Journal of Health Politics, Policy and Law.

High Conflict

Our Autistic Daughter's Struggle to Be Understood

Making a Difference

A Guide to Navigating All of Your Choices in Childbirth

For-Profit Enterprise in Health Care

Navigating the Nineteenth-century British Novel

Exploring Universal Basic Income

At once far flung and intimate, a fascinating look at how finding our way make us human. In this compelling narrative, O'Connor seeks out neuroscientists, anthropologists and master navigators to understand how navigation ultimately gave us our humanity. Biologists have been trying to solve the mystery of how organisms have the ability to migrate and orient with such precision—especially since our own adventurous ancestors spread across the world without maps or instruments. O'Connor goes to the Arctic, the Australian bush and the South Pacific to talk to masters of their environment who seek to preserve their traditions at a time when anyone can use a GPS to navigate. O'Connor explores the neurological basis of spatial orientation within the hippocampus. Without it, people inhabit a dream state, becoming amnesiacs incapable of finding their way, recalling the past, or imagining the future. Studies have shown that the more we exercise our cognitive mapping skills, the greater the grey matter and health of our hippocampus. O'Connor talks to scientists studying how atrophy in the hippocampus is associated with afflictions such as impaired memory, dementia, Alzheimer's Disease, depression and PTSD. Wayfinding is a captivating book that charts how our species' profound capacity for exploration, memory and storytelling results in topophilia, the love of place. "O'Connor talked to just the right people in just the right places, and her narrative is a marvel of storytelling on its own merits, erudite but lightly worn. There are many reasons why people should make efforts to improve their geographical literacy, and O'Connor hits on many in this excellent book—devouring it makes for a good start." —Kirkus Reviews

Web Search: Public Searching of the Web, co-authored by Drs. Amanda Spink and Bernard J. Jansen, is one of the first manuscripts that address the human - system interaction of Web searching in a thorough and complete manner. The authors provide an examination of Web searching from multiple levels of analysis, from theoretical overview to detailed study of term usage, and integrate these different levels of analysis into a coherent picture of how people locate information on the Web using search engines. Drawing primarily on their own research and work in the field, the authors present the temporal changes in, the growth of, and the stability of how people interact with Web search engines. Drs. Spink and Jansen

present results from an analysis of multiple search engine data sets over a six year period, giving a firsthand account of the emergence of Web searching. They also compare and contrast their findings to the results of other researchers in the field, providing a valuable bibliographic resource. This research is directly relevant to those interested in providing information or services on the Web, along with those who research and study the Web as an information resource. Graduate students, academic and corporate researchers, search engine designers, information architects, and search engine optimizers will find the book of particular benefit. In the early hours of 28th July 2016, Colette McCulloch was hit by a lorry and killed on the A1. Eighteen hours earlier she had walked out of the specialist care facility for autistic adults where she was being treated. Here, Andy and Amanda McCulloch tell the story of their daughter's life and untimely death: the years in which her autism went undiagnosed, her lifelong battle with eating disorders and the lack of support for her complex needs. The book is interspersed with Colette's own vivid and eloquent writing, her poetry and prose articulating her experiences grappling with a world forever at odds with her. Colette's story is a call to action and ultimately leaves a message of hope for a future in which autistic people will be better understood and able to flourish.

This comprehensive reference explores the current and future state of biobehavioral markers in family resilience research, with special focus on linking biological and physiological measures to behavioral and health outcomes. It brings together the latest biobehavioral data on child-parent and couple relationships, adversity, and other key areas reflecting new technological advances in biobehavioral studies and translates these findings into implications for real-world practice and policy. The contributors' insights on biomarkers apply to emerging topics of interest (e.g., molecular genetics) as well as familiar ones (e.g., stress). Their interdisciplinary perspective helps to elaborate on risk and resilience factors for those creating the next generation of evidence-based interventions. Among the topics covered: The immune system as a sensor and regulator of stress: implications in human development and disease The psychobiology of family dynamics: bidirectional relationships with adrenocortical attunement Intergenerational transmission of poverty: how low socioeconomic status impacts the neurobiology of two generations The influence of teacher-child relationships on preschool children's cortisol levels Challenges and strategies for integrating molecular genetics into behavioral science Besides its worth to researchers and practitioners studying and working with families at risk, *Biobehavioral Markers in Risk and Resilience Research* also has utility as a training text, offering a highly accessible presentation and discussion questions suited to classroom use./div

Why We Revolt

The Heart of Change

Standardization for Health Care Quality Improvement

Ethics for Contemporary Bureaucrats

A Patient Revolution for Careful and Kind Care

How Women Navigate Domestic Violence and Its Aftermath

The Vibrant Life

Yes, I Took My Meds is a raw, intimate dive into finding peace amongst the chaos. Dive into Ahiddibah's world of family, culture, and motherhood while navigating her way through the ins and outs of bipolar disorder. Written with the perfect balance of humor and humility, Ahiddibah's story is told truthfully and without restraint. It is one of courage and learning from mistakes. You will likely see bits of yourself in her story. The goal of eliminating disparities in health care in the United States remains elusive. Even as quality improves on specific measures, disparities often persist. Addressing these disparities must begin with the fundamental step of bringing the nature of the disparities and the groups at risk for those disparities to light by collecting health care quality information stratified by race, ethnicity and language data. Then attention can be focused on where interventions might be best applied, and on planning and evaluating those efforts to inform the development of policy and the application of resources. A lack of standardization of categories for race, ethnicity, and language data has been suggested as one obstacle to achieving more widespread collection and utilization of these data. Race, Ethnicity, and Language Data identifies current models for collecting and coding race, ethnicity, and language data; reviews challenges involved in obtaining these data, and makes recommendations for a nationally standardized approach for use in health care quality improvement.

The Mayo Clinic physician and founder of The Patient Revolution offers a “thoroughly convincing. . . call to action for medical industry reform” (Kirkus). Winner of the 2018 PenCraft Award for Literary Excellence, Why We Revolt exposes the corruption and negligence that are endemic in America’s healthcare system—and offers a blueprint for revolutionizing patient care across the country. Through a series of essays and first-hand accounts, Dr. Victor M. Montori demonstrates how the system has been increasingly exploited and industrialized, putting profit before patients. As costs soar, the United States continues to fall behind other countries on patient outcomes. Offering concrete, direct actions we can take to bring positive change to the healthcare system, Why We Revolt is an inspiring call-to-action for physicians, policymakers, and patients alike. Dr. Montori shows how we can work together to create a system that offers tailored healthcare in a kind and careful way. All proceeds from Why We Revolt go directly to Patient Revolution, a non-profit organization founded by Dr. Montori that empowers patients, caregivers, community advocates, and clinicians to rebuild our healthcare system. Narrative theorists have lavished attention on beginnings and endings, but they have too often neglected the middle of narratives. In this groundbreaking collection of essays, Narrative Middles: Navigating the Nineteenth-Century British Novel, nine literary scholars offer innovative approaches to the study of the underrepresented middle of the vast, bulky nineteenth-century multiplot novel. Combining rigorous formal analysis with established sociohistorical methods, these essays seek to account for the various ways in which the novel gave shape to British culture's powerful obsession with middles. The capacious middle of the nineteenth-century novel provides ample room for intricately woven plots and the development of complex character systems, but it also becomes a medium for capturing, consecrating, and cultivating the middle class and its middling, middlebrow tastes as well as its mediating global role in empire. Narrative Middles explores these fascinating conjunctions in new readings of novels by Jane Austen, William

Makepeace Thackeray, Anne Brontë, George Eliot, Charles Dickens, Wilkie Collins, Henry James, and William Morris. Contributors: Amanda Claybaugh, Suzanne Daly, Amanpal Garcha, Amy King, Caroline Levine, Mario Ortiz-Robles, Kent Puckett, Hilary Schor, and Alex Woloch.

New Cases of Proven Success in Global Health

The Science and Mystery of How Humans Navigate the World

WHO Guidelines on Hand Hygiene in Health Care

Wayfinding

An American Woman's Story

Biobehavioral Markers in Risk and Resilience Research

Actionable Intelligence in Healthcare

When we are baffled by the insanity of the “other side”—in our politics, at work, or at home—it’s because we aren’t seeing how the conflict itself has taken over. That’s what “high conflict” does. It’s the invisible hand of our time. And it’s different from the useful friction of healthy conflict. That’s good conflict, and it’s a necessary force that pushes us to be better people. High conflict is what happens when discord distills into a good-versus-evil kind of feud, the kind with an us and a them. In this state, the brain behaves differently. We feel increasingly certain of our own superiority, and everything we do to try to end the conflict, usually makes it worse. Eventually, we can start to mimic the behavior of our adversaries, harming what we hold most dear. In this “compulsively readable” (Evan Osnos, National Book Award-winning author) book, New York Times bestselling author and award-winning journalist Amanda Ripley investigates how good people get captured by high conflict—and how they break free. Our journey begins in California, where a world-renowned conflict expert struggles to extract himself from a political feud. Then we meet a Chicago gang leader who dedicates his life to a vendetta—only to realize, years later, that the story he’d told himself about the conflict was not quite true. Next, we travel to Colombia, to find out whether thousands of people can be nudged out of high conflict at scale. Finally, we return to America to see what happens when a group of liberal Manhattan Jews and conservative Michigan corrections officers choose to stay in each other’s homes in order to understand one another better, even as they continue to disagree. All these people, in dramatically different situations, were drawn into high conflict by similar forces, including conflict entrepreneurs, humiliation, and false binaries. But ultimately, all of them found ways to transform high conflict into good conflict, the kind that made them better people. They rehumanized and recategorized their opponents, and they revived curiosity and wonder, even as they continued to fight for what they knew was right. People do escape high conflict. Individuals—even entire communities—can short-circuit the feedback loops of outrage and blame, if they want to. This is an “insightful and enthralling” (The New York Times Book Review) book—and a mind-opening new way to think about conflict that will transform how we move through the world.

A frank analysis of the medical and emotional inequalities that pervade the healthcare process for critically ill children Families who have a child with a life-threatening illness face a daunting road ahead of them, one that not only upends their everyday lives, but also strikes at the very heart of parenthood. In “Save My Kid,” Amanda M. Gengler traces the emotional difficulties these families navigate as they confront a fundamentally unequal healthcare system in the United States. Gengler reveals the unrecognized, everyday inequalities tangled up in the process

of seeking medical care, showing how different families manage their children's critical illnesses. She also uncovers the role that emotional goals—deeply rooted in the culture of illness and medicine—play in medical decision-making, healthcare interactions, and the end of children's lives. A deeply compassionate read, "Save My Kid" is an inside look at inequality in healthcare among those with the most at stake.

Presenting the firsthand account of an American woman working several jobs in Egypt over a four-year period, this book analyzes the cross-cultural business environment between the United States and the Middle East and North Africa. It provides recommendations to enable anyone—male or female—to successfully navigate commercial activities in the region. • Supplies the first-hand accounts of someone who worked for four years in Egypt at several jobs—including founding her own company—regarding the cross-cultural business issues that arise in the Middle East and North Africa • Offers detailed information based on real-world experience that is not found in academic studies of the subject and is highly useful to practitioners, e.g., business women • Provides knowledge that will be valuable and applicable to entrepreneurs and employees being sent overseas by their companies as part of their global leadership development program, not just women • Addresses sensitive subject matter—topics about which real information is hard to find—such as how to handle sexual harassment in a country that does not follow rule of law in the same way as the United States

For the millions of women who want to enter or live their midlife with grace and good health comes this straight-talking and gorgeously photographed book packed with advice, resources, and practices that promote wellness, beauty, and longevity, alongside more than 70 delicious recipes. From the authority behind The Anti-Inflammation Cookbook and a line of Vibrant Life-branded food products at Whole Foods, these recipes are bookended by lifestyle primers—including information on holistic practices, hormones, and how to eat, all contributed or vetted by experts. Combining form and function, this book is both a resource and an inspiration. Fresh, approachable recipes for all occasions—including drinks, of course—deliver a number of benefits that boost immunity, strengthen memory, lift moods, support digestive health, and more!

Race, Ethnicity, and Language Data

A Guide to Creating a Sober Life You Love

Policy, Practice, and Research

Geographical Fieldwork in the 21st Century

A Practical Guide to a Good End of Life

The Art of Dying Well

Everyday Bias

Between the 18th and 19th centuries, Britain experienced massive leaps in technological, scientific, and economical advancement

In this, her first book, Amanda Nisbet turns her attention to the details that make up her vibrant rooms. The book is divided into six sections; Bold Beginnings, Pattern Play, The Magic of the Mix, High Punch Colour, Terrific Texture, and Soothing Style. Also includes a section on rules to be broken and an extensive resource guide.

"A trauma revolution is quietly sweeping social services in the United States. For women who have experienced domestic violence, proving that you are a "good victim" is no longer enough when navigating these institutions. Women must also show that they are recovering, as if domestic violence were a disease: they must show that they are

transforming from "victims" into "survivors." Through archival research, life story interviews, and participation observation, The Politics of Surviving shows that "becoming" a survivor is full of contradictions, perils, politics, and pleasures. Using an intersectional lens, Paige L. Sweet reveals how the idea of "resilience" and being a "survivor" can become a coercive force in women's lives. With nuance and compassion, The Politics of Surviving wrestles with questions about the gendered nature of the welfare state, the unintended consequences of feminist mobilizations for these programs, and the women who are left behind by the limited forms of citizenship we offer them"--

Universal basic income (UBI) is emerging as one of the most hotly debated issues in development and social protection policy. But what are the features of UBI? What is it meant to achieve? How do we know, and what don't we know, about its performance? What does it take to implement it in practice? Drawing from global evidence, literature, and survey data, this volume provides a framework to elucidate issues and trade-offs in UBI with a view to help inform choices around its appropriateness and feasibility in different contexts. Specifically, the book examines how UBI differs from or complements other social assistance programs in terms of objectives, coverage, incidence, adequacy, incentives, effects on poverty and inequality, financing, political economy, and implementation. It also reviews past and current country experiences, surveys the full range of existing policy proposals, provides original results from micro†"tax benefit simulations, and sets out a range of considerations around the analytics and practice of UBI.

The Imagination Machine

The Child Welfare Challenge, Third Edition

Why We Get Trapped and How We Get Out

Your Birth Plan

The Toxic Meritocracy of Video Games

Navigating Constitutional Crossroads

Essential SNMP

NOWHERE TO RUN. NOWHERE TO HIDE. Yesterday, Amanda Back's life was flawless: the perfect social credit score, the perfect job, the perfect home. Today, Amanda is a target, an enemy of the system holding information dangerous enough to disrupt the world's all-consuming tech—a fugitive on the run. But in a world where an un-hackable blockchain links everyone and everything, there is nowhere to run...

Defeating My Demons, My Mental Breakdown, Through Darkness to the Light is a call to action for mental healthcare reform. My story, by my hand. My account of a 72-hour hold in a mental hospital in Colorado and the realization of the trauma, abuse, neglect, and apathy that is plaguing the system. Mental illness is not a shameful diagnosis! Help us by telling your story!

This book shows healthcare professionals how to turn data points into meaningful knowledge upon which they can take effective action. Actionable intelligence can take many forms, from informing health policymakers on effective strategies for the population to providing direct and predictive insights on patients to healthcare providers so they can achieve positive outcomes. It can assist those performing clinical research where relevant statistical methods are applied to both identify the efficacy of treatments and improve clinical trial design. It also benefits healthcare data standards groups through which pertinent data governance policies are implemented to ensure quality data are obtained, measured, and evaluated for the benefit of all involved. Although the obvious constant thread among all of these important healthcare use cases of actionable intelligence is the data at hand, such data in and of itself merely represents one element of the full structure of healthcare data analytics. This book

examines the structure for turning data into actionable knowledge and discusses: The importance of establishing research questions Data collection policies and data governance Principle-centered data analytics to transform data into information Understanding the "why" of classified causes and effects Narratives and visualizations to inform all interested parties Actionable Intelligence in Healthcare is an important examination of how proper healthcare-related questions should be formulated, how relevant data must be transformed to associated information, and how the processing of information relates to knowledge. It indicates to clinicians and researchers why this relative knowledge is meaningful and how best to apply such newfound understanding for the betterment of all.

In the current United States (U.S.) context, we are facing a constitutional crisis with frequent government shutdowns and new debates surrounding immigration, climate change, budgeting practices, and the balance of power. With competing interests, unclear policy, and inconsistent leadership directives, the question becomes: How do contemporary bureaucrats make sense of this ethically turbulent environment? This collection provides a lens for viewing administrative decision-making and behavior from a constitutional basis, as contemporary bureaucrats navigate uncharted territory. Ethics for Contemporary Bureaucrats is organized around three constitutional values: freedom, property, and social equity. These themes are based on emerging trends in public administration and balanced with traditional ethical models. Each chapter provides an overview of a contemporary ethical issue, identifies key actors, institutions, legal and legislative policy, and offers normative and practical recommendations to address the challenges the issue poses. Rooted in a respected and time-tested intellectual history, this volume speaks to bureaucrats in a modern era of governance. It is ideally suited to educate students, scholars, and public servants on constitutional values and legal precedent as a basis for ethics in the public sector.

Millions Saved

The Politics of Surviving

A Subject Index to Current Literature

Not Drinking Tonight

Identifying and Navigating Unconscious Judgments in Our Daily Lives

Handbook of Research on Web Log Analysis

Why Gaming Culture Is the Worst

"This book reflects on the multifaceted themes of Web use and presents various approaches to log analysis"--Provided by publisher.

An avid gamer and sharp media critic explains meritocracy's negative contribution to video game culture—and what can be done about it Video games have brought entertainment, education, and innovation to millions, but gaming also has its dark sides. From the deep-bred misogyny epitomized by GamerGate to the endemic malice of abusive player communities, gamer culture has had serious real-world repercussions, ranging from death threats to sexist industry practices and racist condemnations. In *The Toxic Meritocracy of Video Games*, new media critic and longtime gamer Christopher A. Paul explains how video games' focus on meritocracy empowers this negative culture. Paul first shows why meritocracy is integral to video-game design, narratives, and values. Games typically valorize skill and technique, and common video-game practices (such as leveling) build meritocratic thinking into the most basic premises. Video games are often assumed to have an even playing field, but they facilitate skill transfer from game to game, allowing certain players a built-in advantage. *The Toxic Meritocracy of Video Games* identifies deep-seated challenges in the culture of video games—but all is not

lost. As Paul argues, similarly meritocratic institutions like professional sports and higher education have found powerful remedies to alleviate their own toxic cultures, including active recruiting and strategies that promote values such as contingency, luck, and serendipity. These can be brought to the gamer universe, Paul contends, ultimately fostering a more diverse, accepting, and self-reflective culture that is not only good for gamers but good for video games as well.

The Health & Wealth Sisters' 360° Action Plan

Working in the Middle East: An American Woman's Story